

AMERI-KAN JUDO GAKKOO *SHONEN SANKYU*

Junior Third Class - Blue Belt w/ Black Stripe



INSTRUCTIONS:

Each answer blank on the written exam is worth one point. Some questions have multiple answer blanks, please be sure to double check your work. If you are unable to read and/or write, please tell your examiner and they will assist you.

HIKKISHIKEN

Written Exam

TANGO NO NIHONGO

Japanese Vocabulary

1) Way of Life

2) Cross

3) High Student

4) Torso Choke

5) Posture

6) Big or Major

7) Body

8) Gentle or Suppleness

9) Defensive

10) Rotation

11) Natural

12) Reap

13) Scarf (Monk's Stole)

14) Referee

15) Grip

16) Team Captain

17) Outside

18) Pivoting

19) Inside Jam (Fit-In's)

20) Modified

21) Naked

22) Sandals

23) Crush

24) Valley

25) Grade

26) Drop

27) Sleeve

28) Class

29) Jacket

30) Small or Minor

31) Four Corners

32) Pure or True

33) Lapel

34) Normal

35) Inside

36) Pants

37) Forms of Maximum Efficiency
National Physical Education

38) Sweep

39) Upper

40) Forms of Antiquity

41) Advanced Foot

42) Forms of Grappling

43) Forms of the Art of Self-Defense

44) Wheel

45) Forms of Gentleness

46) Avoidance

47) Reverse

48) Forms of Five

49) Sliding

50) Mat Techniques

51) Forms of Throwing

52) Forms of Decisiveness

53) Forms of Women's Self-Defense Steps

54) Forms of Reaction

55) Finger

56) Toe

57) Wrist

58) Elbow

59) Arm

60) Neck

61) Chest

62) Vital Points

63) Head

64) Knee

65) Back

66) Shoulder

67) Forearm

68) Heel

69) Abdomen

71) Thigh

70) Armpit

72) Center of Gravity

GAINEN KOKOROË
General Information

1) Name the three scores with times of a Judo hold down:

Score Time

A) _____ / _____

B) _____ / _____

C) _____ / _____

5) Name the three elements of Grappling Techniques in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

2) Name the two elements of Throwing Techniques in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

6) What does Kano Shihan define as the "Ultimate Goal of Judo?" (2 Points)

3) Name the two principles of Judo, as stated by Kano Shihan, in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

7) Name the four elements of a Judo throw in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

D) _____ / _____

4) List the six Tactical Variables for Randori / Shiai

G) _____

E) _____

T) _____

P) _____

A) _____

D) _____

8) Name the three elements of Standing Techniques in English and Japanese:
 English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

9) What is the Strategy of Gripping?
 (2 Points)

10) Name the two elements of Sacrifice Techniques in English and Japanese:
 English Japanese

A) _____ / _____

B) _____ / _____

柔道

11) Name the four sides of the Dojo in English and Japanese:
 English Japanese

1) _____ / _____

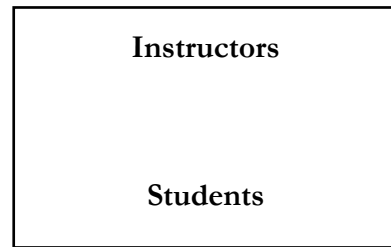
2) _____ / _____

3) _____ / _____

4) _____ / _____

Side 1

S
i
d
e
4



S
i
d
e
2

Side 3

Total number of blanks filled in correctly:		

Total number required for passing score		
	109	85%
Maximum possible score:		
	128	
This student:	Passed	<input type="checkbox"/>
	Failed	<input type="checkbox"/> _____%
Examiner: _____		
Rank: _____		