

# AMERI-KAN JUDO GAKKOO

## SHONEN ROKYU

### Junior Sixth Class - Green Belt



#### INSTRUCTIONS:

Each answer blank on the written exam is worth one point. Some questions have multiple answer blanks, please be sure to double check your work. If you are unable to read and/or write, please tell your examiner and they will assist you.

### *HIKKISHIKEN*

#### Written Exam

### *TANGO NO NIHONGO*

#### Japanese Vocabulary

1) Off Balance

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9) Attacker

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2) Belt

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10) Lock

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3) Right

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11) Back Carry

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4) Coach

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12) Judo Player

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5) Pre-Arranged Formal Practice

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13) Technique

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6) Hold Positions!

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14) Hold Down Broken!

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7) Left

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15) Throw

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8) Continue!

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16) Defender

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17) Strike

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18) That is all!

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19) Side

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20) Throw Down

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21) Hip

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22) Joint Lock

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23) Basic

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24) Front

---

25) Continuation

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26) Taking Grips

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27) Leg

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28) Fall

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29) Choke

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30) Reaction

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31) Hand

---

32) Defense

---

33) Forms of Entry

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34) Counter

---

35) Escape

---

36) Backwards

---

37) Finish!

---

38) Effective!

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39) Gather for Observation!

---

40) White

---

41) Hurry Up!

---

42) Seat of Honor

---

43) Turn Towards

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44) Let's Go!

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45) Decision!

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46) Meditate!

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47) Standing

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48) Blue

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49) 2 Half-Points Equal a Full Point!

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50) Competition Area

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51) Loss by Violation (Disqualification!)

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52) Each Other

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53) Sacrifice

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54) Red

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55) Way of Life

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56) Cross

---

57) High Student

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58) Torso Choke

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59) Posture

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60) Big or Major

---

61) Body

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62) Gentle or Suppleness

---

63) Defensive

---

64) Rotation

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65) Natural

---

66) Reap

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67) Scarf (Monk's Stole)

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68) Referee

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69) Grip

\_\_\_\_\_

71) Outside

\_\_\_\_\_

70) Team Captain

\_\_\_\_\_

72) Pivoting

\_\_\_\_\_

*NADAKAI JUDOKA*  
**Famous Judo Students**

1) Who represented the US at the first Olympic Games for Judo:

\_\_\_\_\_

2) Name the man responsible for showing the world that the Japanese could be beaten at their own game; he was the first to win two consecutive World Championships:

\_\_\_\_\_

*GAINEN KOKORO*  
**General Information**

1) When you arrive late and class has already begun what should you do?

A) \_\_\_\_\_

B) \_\_\_\_\_

C) \_\_\_\_\_

4) Which bow represents respect for the facility in which Judo practice takes place?

\_\_\_\_\_

5) Which bow represents respect to everyone who has ever practiced Judo?

\_\_\_\_\_

2) Where should the contestants be at the start of a match?

A) \_\_\_\_\_

B) \_\_\_\_\_

C) \_\_\_\_\_

D) \_\_\_\_\_

6) Which bow means “teach me” or “share with me”?

\_\_\_\_\_

7) Which bow is a promise to do one’s best regardless of the outcome?

\_\_\_\_\_

3) What are the three ways to say “Please” in Japanese?

Polite A) \_\_\_\_\_

↓ B) \_\_\_\_\_

Friendly C) \_\_\_\_\_

8) Which bow represents respect for knowledge?

\_\_\_\_\_

9) Which bow represents respect for all those who have made the award possible?

\_\_\_\_\_

10) Which bow represents mutual respect, students to teachers and teachers to students?

\_\_\_\_\_

11) Name the four elements of an Ippon Judo throw:

A) \_\_\_\_\_

B) \_\_\_\_\_

C) \_\_\_\_\_

D) \_\_\_\_\_

12) In what year and city was Men's Judo added as an Olympic Event?

City) \_\_\_\_\_

Year) \_\_\_\_\_

13) Explain the difference between strategy and tactics: (2 Points)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

14) Name the three elements of Unarmed Combat in English and Japanese:

English                      Japanese

A) \_\_\_\_\_ / \_\_\_\_\_

B) \_\_\_\_\_ / \_\_\_\_\_

C) \_\_\_\_\_ / \_\_\_\_\_

15) Define GIRI: (4 Points)

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\_\_\_\_\_

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16) In what year and city was Women's Judo added as an Olympic Event?

City) \_\_\_\_\_

Year) \_\_\_\_\_

17) Name the three scores with times of a Judo hold down:

Score                      Time

A) \_\_\_\_\_ / \_\_\_\_\_

B) \_\_\_\_\_ / \_\_\_\_\_

C) \_\_\_\_\_ / \_\_\_\_\_

18) Name the two elements of Throwing Techniques in English and Japanese:

English                      Japanese

A) \_\_\_\_\_ / \_\_\_\_\_

B) \_\_\_\_\_ / \_\_\_\_\_



