

AMERI-KAN JUDO GAKKOO

SHONEN NIKYU

Junior Second Class - Purple Belt



INSTRUCTIONS:

Each answer blank on the written exam is worth one point. Some questions have multiple answer blanks, please be sure to double check your work. If you are unable to read and/or write, please tell your examiner and they will assist you.

HIKKISHIKEN

Written Exam

TANGO NO NIHONGO

Japanese Vocabulary

1) Inside Jam (Fit-In's)

2) Modified

3) Naked

4) Sandals

5) Crush

6) Valley

7) Grade

8) Drop

9) Sleeve

10) Class

11) Jacket

12) Small or Minor

13) Four Corners

14) Pure or True

15) Lapel

16) Normal

17) Inside

18) Pants

19) Forms of Maximum Efficiency
National Physical Education

20) Sweep

21) Upper

22) Forms of Antiquity

23) Advanced Foot

24) Forms of Grappling

25) Forms of the Art of Self-Defense

26) Wheel

27) Forms of Gentleness

28) Avoidance

29) Reverse

30) Forms of Five

31) Sliding

32) Mat Techniques

33) Forms of Throwing

34) Forms of Decisiveness

35) Forms of Women's Self-Defense Steps

36) Forms of Reaction

37) Finger

38) Toe

39) Wrist

40) Elbow

41) Arm

42) Neck

43) Chest

44) Vital Points

45) Head

46) Knee

47) Back

48) Shoulder

49) Forearm

50) Heel

51) Abdomen

52) Armpit

53) Thigh

54) Center of Gravity

55) Entanglement

56) Comma

57) Judo Art of Resuscitation

58) Storm

59) I understand.

60) Lift Up in Your Arms

61) Vertical

62) Single Edge

63) Face Up

64) I do not understand.

65) Swallow (Bird)

66) Mountain

67) Floating

68) Triangle

69) Do you understand?

71) Half

70) Corner

72) Rice Bag

GAINEN KOKOROË
General Information

1) List the six Tactical Variables for Randori / Shiai

G) _____

E) _____

T) _____

P) _____

A) _____

D) _____

2) Name the three elements of Grappling Techniques in English and Japanese:
English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

3) What does Kano Shihan define as the "Ultimate Goal of Judo?" (2 Points)

4) Name the four elements of a Judo throw in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

D) _____ / _____

5) Name the three elements of Standing Techniques in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

6) What is the Strategy of Gripping? (2 Points)

7) Name the two elements of Sacrifice Techniques in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

8) Name the four sides of the Dojo in English and Japanese:

English Japanese

1) _____ / _____

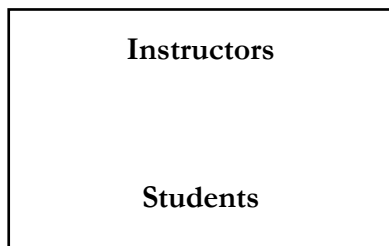
2) _____ / _____

3) _____ / _____

4) _____ / _____

Side 1

S
i
d
e
4



S
i
d
e
2

Side 3

9) How are the three Standing Techniques classified into their different sections? (2 Points)

10) What are the 3 choices in a Self-Defense situation:

A) _____

B) _____

C) _____

11) What do the colors Red and White represent in Martial Arts Philosophy?

Red) _____

White) _____

12) What is the difference between coaching to learn and coaching to perform? (3 Points)

13) Who & when was the first person to teach Judo in the US?

Name) _____

Date) _____

14) Who & when was the first President to witness a demonstration of Judo?

Name) _____

Date) _____

Total number of blanks filled in correctly:		

Total number required for passing score	109	85%
Maximum possible score:	128	
This student:	Passed	<input type="checkbox"/>
	Failed	<input type="checkbox"/> _____%
Examiner:	_____	
Rank:	_____	