

AMERI-KAN JUDO GAKKOO

SEINEN NIKYU

Senior Second Class - Brown Belt



INSTRUCTIONS:

Each answer blank on the written exam is worth one point. Some questions have multiple answer blanks, please be sure to double check your work. If you are unable to read and/or write, please tell your examiner and they will assist you.

HIKKISHIKEN

Written Exam

TANGO NO NIHONGO

Japanese Vocabulary

1) Forms of Maximum Efficiency
National Physical Education

2) Sweep

3) Upper

4) Forms of Antiquity

5) Advanced Foot

6) Forms of Grappling

7) Forms of the Art of Self-Defense

8) Wheel

9) Forms of Gentleness

10) Avoidance

11) Reverse

12) Forms of Five

13) Sliding

14) Mat Techniques

15) Forms of Throwing

16) Forms of Decisiveness

17) Forms of Women's Self-Defense Steps

18) Forms of Reaction

19) Finger

20) Toe

21) Wrist

22) Elbow

23) Arm

24) Neck

25) Chest

26) Vital Points

27) Head

28) Knee

29) Back

30) Shoulder

31) Forearm

32) Heel

33) Abdomen

34) Armpit

35) Thigh

36) Center of Gravity

37) Entanglement

38) Comma

39) Judo Art of Resuscitation

40) Storm

41) I understand.

42) Lift Up in Your Arms

43) Vertical

44) Single Edge

45) Face Up

46) I do not understand.

47) Swallow (Bird)

48) Mountain

49) Floating

50) Triangle

51) Do you understand?

52) Corner

53) Half

54) Rice Bag

55) Way of Harmony

56) Cooling Off Exercises

57) Training

58) Martial Ways

59) Way of the Sword

60) Exercise

61) Way of Empty Hand

62) Agreed Upon Practice

63) Way of Sword Drawing

64) Solo Practice

65) Stay-In Training

66) Calisthenics

67) Sacrifice Training

68) Partner Practice

69) Gentle Art

71) Practice

70) Rotation Training

72) Warm-up Exercises

GAINEN KOKOROË

General Information

1) Name the four elements of a Judo throw in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

C) _____ / _____

D) _____ / _____

5) Name the four sides of the Dojo in English and Japanese:

English Japanese

1) _____ / _____

2) _____ / _____

3) _____ / _____

4) _____ / _____

2) Name the three elements of Standing Techniques in English and Japanese:

English Japanese

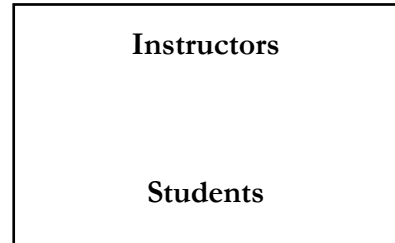
A) _____ / _____

B) _____ / _____

C) _____ / _____

Side 1

S
i
d
e
4



S
i
d
e
2

Side 3

3) What is the Strategy of Gripping?
(2 Points)

6) How are the three Standing Techniques classified into their different sections? (2 Points)

4) Name the two elements of Sacrifice Techniques in English and Japanese:

English Japanese

A) _____ / _____

B) _____ / _____

- 7) What are the 3 choices in a Self-Defense situation:
- A) _____
- B) _____
- C) _____

- 8) What do the colors Red and White represent in Martial Arts Philosophy?
- Red) _____
- White) _____

- 9) What is the difference between coaching to learn and coaching to perform? (3 Points)
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

- 10) Who & when was the first person to teach Judo in the US?
- Name) _____
- Date) _____

- 11) Who & when was the first President to witness a demonstration of Judo?
- Name) _____
- Date) _____

- 12) What are the Major Differences of Uchi Komi, Yakusoku Renshu, Randori, & Kata? (4 Points)
- _____
- _____
- _____
- _____

- 13) Who were the Shintenko, and what were the results of the great match they were involved in 1886.
- A) _____
- B) _____
- C) _____
- D) _____
- W) _____ L) _____ D) _____
- Significance) _____

- 14) List the Birth and Death Dates of Kano Shihan:
- Birth) _____
- Death) _____

Total number of blanks filled in correctly:		_____
Total number required for passing score		109 85%
Maximum possible score:		128
This student:	Passed	<input type="checkbox"/>
	Failed	<input type="checkbox"/> _____%
Examiner: _____		
Rank: _____		